



# Anzac Road BASC Breakfast Menu



- Children may select from the following options for breakfast between 6.45-7.45am.
- Milo will be served from 7.30-7.45am at a cost of 50cents. This can be prepaid (please see an educator for further info). Children have the choice of cold Milo, Choc or Strawberry Nesquik served with a marshmallow.

Cereal- WeetBix, Cornflakes or Sultana Bran with full cream milk

OR

Toast- Jam, honey, vegemite, and butter on white or wholemeal bread

<b>DAY WEEK</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1	Raisin Toast With spreads	Yoghurt Choice of Mixed Flavours	Scrambled Eggs Served with English Muffins	Cheesy Toasties	Blueberry Muffins
2	Crumpets With spreads	Pancakes With spreads	English Muffins With spreads	Yoghurt Choice of Mixed Flavours	Scrambled Eggs Served with Toast
3	English Muffins With spreads	Apple + Cinnamon Muffins	Yoghurt Choice of Mixed Flavours	Crumpets With spreads	Ham + Cheese Toasties
4	Yoghurt Choice of Mixed Flavours	Raisin Toast With spreads	Cheese + Vegemite Toasties	Blueberry Muffins	Pancakes With Spreads
5	Apple + Cinnamon Muffins	Cheesy Toasties	Crumpets With spreads	Scrambled Eggs Served with English Muffins	Yoghurt Choice of Mixed Flavours

\*Water available via esky at all times. All food is nut free\*