



Anzac Road BASC Afternoon Tea Menu



DAY WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1	Puff Pastries: Plain Cheese OR Vegemite and Cheese	Sandwiches: Mixed sandwiches on white and wholemeal bread. Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese	Muffins: Blueberry OR Apple + Cinnamon	Jatz: Crackers served with French onion dip, carrots, cucumber, and cheese	Fried Rice: Plain with Veggies (carrot, capsicum, corn, peas, shallots) OR Veggies, Egg, Ham and Soy Sauce
2	SAO's: Ham and Cheese OR Salami and Cheese OR Plain Cheese	Pizza: Plain Cheese and Tomato Base Pizza OR Ham, Cheese and Tomato Base Pizza	Muesli Bars: 1 Muesli Bar OR Choice of Flavoured Corn Thins	Quesadillas: Plain Cheese OR Ham, Cheese and Salsa	Cruskits: Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese
3	Jatz: Crackers served with French onion dip, carrots, cucumber, and cheese	Cruskits: Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese	Puff Pastries: Plain Cheese OR Vegemite and Cheese	Muffins: Blueberry OR Apple + Cinnamon	Yogurt and Fruit Salad: Vanilla Yogurt served with tinned fruit
4	Sandwiches: Mixed sandwiches on white and wholemeal bread. Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese	Quesadillas: Plain Cheese OR Ham, Cheese and Salsa	SAO's: Ham and Cheese OR Salami and Cheese OR Plain Cheese	Muesli Bars: 1 Muesli Bar OR Choice of Flavoured Corn Thins	Pizza: Plain Cheese and Tomato Base Pizza OR Ham, Cheese and Tomato Base Pizza
5	Quesadillas: Plain Cheese OR Ham, Cheese and Salsa	Jatz: Crackers served with French onion dip, carrots, cucumber, and cheese	Sandwiches Mixed sandwiches on white and wholemeal bread. Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese	Cruskits: Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese.	Puff Pastries: Plain Cheese OR Vegemite and Cheese

*Water available via esky at all times. All food is **nut free***

Fresh Fruit & Vegetable Platter served at 4.45-5.00pm