



# Anzac Road BASC Afternoon Tea Menu



DAY WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1	<b>Puff Pastries:</b>  Plain Cheese OR Vegemite and Cheese	<b>Sandwiches:</b>  Mixed sandwiches on white and wholemeal bread. Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese	<b>Muffins:</b>  Blueberry OR Apple + Cinnamon	<b>Jatz:</b>  Crackers served with French onion dip, carrots, cucumber, and cheese	<b>Fried Rice:</b>  Plain with Veggies (carrot, capsicum, corn, peas, shallots) OR Veggies, Egg, Ham and Soy Sauce
2	<b>SAO's:</b>  Ham and Cheese OR Salami and Cheese OR Plain Cheese	<b>Pizza:</b>  Plain Cheese and Tomato Base Pizza OR Ham, Cheese and Tomato Base Pizza	<b>Muesli Bars:</b>  1 Muesli Bar OR Choice of Flavoured Corn Thins	<b>Quesadillas:</b>  Plain Cheese OR Ham, Cheese and Salsa	<b>Cruskits:</b>  Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese
3	<b>Jatz:</b>  Crackers served with French onion dip, carrots, cucumber, and cheese	<b>Cruskits:</b>  Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese	<b>Puff Pastries:</b>  Plain Cheese OR Vegemite and Cheese	<b>Muffins:</b>  Blueberry OR Apple + Cinnamon	<b>Yogurt and Fruit Salad:</b>  Vanilla Yogurt served with tinned fruit
4	<b>Sandwiches:</b>  Mixed sandwiches on white and wholemeal bread. Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese	<b>Quesadillas:</b>  Plain Cheese OR Ham, Cheese and Salsa	<b>SAO's:</b>  Ham and Cheese OR Salami and Cheese OR Plain Cheese	<b>Muesli Bars:</b>  1 Muesli Bar OR Choice of Flavoured Corn Thins	<b>Pizza:</b>  Plain Cheese and Tomato Base Pizza OR Ham, Cheese and Tomato Base Pizza
5	<b>Quesadillas:</b>  Plain Cheese OR Ham, Cheese and Salsa	<b>Jatz:</b>  Crackers served with French onion dip, carrots, cucumber, and cheese	<b>Sandwiches</b>  Mixed sandwiches on white and wholemeal bread. Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese	<b>Cruskits:</b>  Choice of Strawberry Jam, Vegemite, Honey and Cream Cheese.	<b>Puff Pastries:</b>  Plain Cheese OR Vegemite and Cheese

\*Water available via esky at all times. All food is **nut free**\*

\*Fresh Fruit & Vegetable Platter served at 4.45-5.00pm\*