



# Anzac Road BASC Afternoon Tea Menu



Children may select from the following options:

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1.	Vegemite & cheese puff pastries  <b><u>OR</u></b>  Cheese puff pastries	Sao's with ham/ cheese/ tomato  <b><u>OR</u></b>  Sao's with cheese / tomato	Apple cinnamon muffins  <b><u>OR</u></b>  Blueberry muffins	Quesadillas with ham, cheese, and salsa  <b><u>OR</u></b>  Quesadilla with cheese	Cruskits with jam, honey, vegemite, cream cheese
2.	Mixed sandwiches on white and wholemeal bread Vegemite/ jam/ honey/ cream cheese	Muesli slice  <b><u>OR</u></b>  Plain rice cakes	Ham /cheese /tomato base pizza  <b><u>OR</u></b>  Tomato base & cheese pizza	Fried rice with (veggies/ egg/ ham and soy sauce)  <b><u>OR</u></b>  Fried rice with veggies (carrot, capsicum, shallots, peas, and corn)	Jatz with French onion dip, carrot, cucumber, block cheese
3.	Cruskits with jam, honey, vegemite, cream cheese	Vegemite & cheese puff pastries  <b><u>OR</u></b>  Cheese puff pastries	Sao's with ham/ cheese/ tomato  <b><u>OR</u></b>  Sao's with cheese / tomato	Apple cinnamon muffins  <b><u>OR</u></b>  Blueberry muffins	Quesadillas with ham, cheese, and salsa  <b><u>OR</u></b>  Quesadilla with cheese
4.	Jatz with French onion dip, carrot, cucumber, block cheese	Mixed sandwiches on white and wholemeal bread Vegemite/ jam/ honey/ cream cheese	Muesli slice  <b><u>OR</u></b>  Plain rice cakes	Ham /cheese /tomato base pizza  <b><u>OR</u></b>  Tomato base & cheese pizza	Fried rice with (veggies/ egg/ ham and soy sauce)  <b><u>OR</u></b>  Fried rice with veggies (carrot, capsicum, shallots, peas, and corn)
5.	Sao's with ham/ cheese/ tomato  <b><u>OR</u></b>  Sao's with cheese / tomato	Quesadillas with ham, cheese, and salsa  <b><u>OR</u></b>  Quesadilla with cheese	Cruskits with jam, honey, vegemite, cream cheese	Muesli slice  <b><u>OR</u></b>  Plain rice cakes	Ham /cheese /tomato base pizza  <b><u>OR</u></b>  Tomato base & cheese pizza

\*Water available via esky at all times. All food is **nut free**\*

\*Fresh Fruit & Raw Vegetable Platter served at 4.45-5.00pm\*